## **Kentucky Pediatric Status Epilepticus Management Pathway**

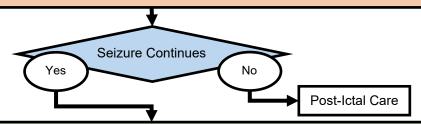
\*\*\*This pathway is ONLY a tool and does NOT replace the required clinical decision making of the provider\*\*\*

**On Arrival** 

Phase 1

0 - 15 min

- Stabilize patient (airway, breathing, circulation, neurologic exam) and obtain IV access
  - Record time of seizure onset and monitor vital signs
  - Collect labs (POC Blood Glucose, CMP, CBC, AED levels)
- Ask family if patient has status epilepticus action plan (if so, use action plan in place of pathway)



Administer one of the following benzodiazepines:

## IV access available

Preferred IV lorazepam 0.1 mg/kg/dose (Max = 4 mg) over 2 minutes

IV diazepam 0.15 mg/kg/dose (Max = 10 mg) over 2 minutes

## IV access unavailable

Preferred IN/IM midazolam 0.2 mg/kg/dose (Max = 10 mg) using 5 mg/mL concentration

Administer half of total IN dose in each nostril

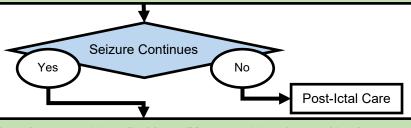
Rectal diazepam < 6 yr/o - 0.5 mg/kg (Max = 10 mg)

 $\geq$  6 yr/o – 0.25 mg/kg (Max = 20 mg)

\*Re-dose benzodiazepine after 5 minutes if seizure persists

\*Prepare Phase 2 product immediately in case seizure does not resolve

\*May repeat a 3<sup>rd</sup> dose of benzodiazepine if Phase 2 medication is unavailable



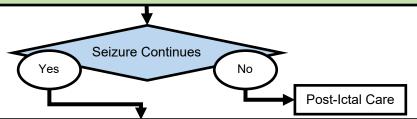
Phase 2

15 - 30 min

Administer IV/IO levetiracetam 60 mg/kg/dose (Max = 4,500 mg) over 10 minutes <u>Preparation</u>

Doses ≤ 750 mg – Dilute in 50 mL bag of NS Doses > 750 mg – Dilute in 100 mL bag of NS

\*If not done already, contact Norton Children's Hospital (NCH). Call 502-629-8000 and ask to speak with Pediatric Neurology regarding recommendations for status epilepticus management if seizure persists beyond Phase 3 treatment. If response is delayed, consider calling NCH ER (502-629-7225).



Administer IV/IO fosphenytoin 20 mg PE/kg/dose (Max = 1,500 mg PE) over 10 minutes *Preparation* 

> Doses ≤ 1,000 mg PE – Dilute in 50 mL bag of NS Doses > 1,000 mg PE – Dilute in 100 mL bag of NS

Phase 3

> 30 min

IF patient has Dravet Syndrome or is maintained on phenytoin at home:

Administer IV/IO phenobarbital 20 mg/kg/dose (Max = 1,000 mg) over 10 minutes

## Preparation

Doses ≤ 500 mg PE – Dilute in 50 mL bag of NS Doses > 500 mg PE – Dilute in 100 mL bag of NS

Pediatric and Neonatal Lexi-Drugs Online. LexiComp. Wolters Kluwer Health, Inc. Riverwoods, IL. Accessed August 28, 2020.
Glauser T, Shinnar S, Gloss D, et al. Evidenced-Based Guideline: Treatment of Convulsive Status Epilepticus in Children and Adults: Report of the Guideline Committee of the American Epilepsy Society. Epilepsy Currents 2016;16(1):48-61.